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**Coeliac Disease**

Coeliac UK is the largest coeliac charity in the world and there are rich sources of high quality information about the condition on their website:

<https://www.coeliac.org.uk>.

In some cases, the diagnosis of coeliac disease can be made in children without the need for small bowel biopsy.

Children with coeliac disease who are in good health with no symptoms should be monitored yearly with blood tests, and particular attention paid to their micronutrient status especially vitamin D.

The symptoms of coeliac disease can be widely variable from one individual to the next and are not always classical or even specific to the gastrointestinal tract.

At the present time, the only treatment for coeliac disease is lifelong gluten free diet.

However, exciting research developments are in process around the world, including a 'therapeutic vaccine' called Nexvax which would allow a person with coeliac disease to tolerate gluten; a digestive enzyme called larazotide which digests gluten in the stomach before it is absorbed; and a non-absorbable polymer called BL7010 which binds gluten in the stomach, preventing its absorption. Trials are underway in adults.

Dr Epstein would be happy to provide routine coeliac care for your child, to discuss uncertainties in their diagnosis or gluten-related symptoms, to address risk issues and screening approaches for family members or any other aspect of coeliac disease and gluten intolerance.

Dr Epstein greatly values your feedback and always strives to improve. She would really appreciate if you find a few moments to visit this link and leave a review of the care she provided to your child.

<http://bit.ly/doctifyJenny> (case sensitive)